



Welcome to Rainbow Trail!

Thank you for registering for the Rainbow Trail Lutheran Women's Retreat!

We cannot wait to spend a weekend of fellowship, worship, and fun with all of you. This packet includes important information to prepare you for this weekend's retreat.

Here is a breakdown of what you have received:

Weekend Schedule

Retreat Theme and Speaker

What to Bring

Frequently Asked Questions

Directions to Rainbow Trail

RTLCL Site Map

RTLCL Staff Contact Information

We will see you all soon!

God's peace,
The RTLCL Staff

2025 RTLC WOMEN'S RETREAT



All meals will be held in our Aspen Dining Hall.

Please view sign-ups for times and locations of Saturday activities! Schedule subject to change.

Friday

- 4:00pm Registration begins (Columbine)
- 6:00pm Dinner
- 7:30pm Session 1 & Worship (Pavilion)
- 8:30pm Craft, Wine tasting, and Fellowship (Pavilion)

Saturday

- 8:00am Breakfast
- 9:00am Session 2 (Pavilion)
- 10:30am Yoga for all (Mall)
- 12:00pm Lunch
- 1:00pm Free Time Activities
Hiking, Archery, High Ropes, Craft, Pop Shop (4:30-5:30)
- 5:30pm Dinner
- 6:30pm Session and Worship (Pavilion)
- 8:30pm Fellowship and Snacks (Pavilion)

Sunday

- 7:00am Sunrise Yoga
- 8:30am Worship with Communion (Location: TBD)
- 10:00am Brunch
- 10:30am Departure

MORE ON THIS YEAR'S RETREAT THEME:

"Fearfully and Wonderfully Made"

Scripture Focus: Psalm 139

13 For you created my inmost being;

you knit me together in my mother's womb.

14 I praise you because I am fearfully and wonderfully made;

your works are wonderful,

I know that full well.

15 My frame was not hidden from you

when I was made in the secret place,

when I was woven together in the depths of the earth.

16 Your eyes saw my unformed body;

all the days ordained for me were written in your book

before one of them came to be.

17 How precious to me are your thoughts, God!

How vast is the sum of them!

18 Were I to count them,

they would outnumber the grains of sand—

when I awake, I am still with you.

MEET OUR KEYNOTE SPEAKER—DEE ANN LORD:

Dee Ann has been part of the Faith Lutheran Church-Golden staff since 2009 as the Children's Ministry Leader and a Lead Teacher at South Table Mountain Preschool for about 8 years. She came to her role in Children's Ministry without much of any faith background growing up. Her favorite FAITH community experience, hands down, is the annual summer Kids Camp. She's been a part of planting seeds in the lives of kids and adults through Kids Camp for almost 15 years....sharing the message that God loves each of us, no matter what!!

As of January 2024, Dee Ann moved into her new staff role of Authentic Connections Team Lead. In this role she connects and supports people in the FAITH community as they embrace and live out their own faith journeys. She is so excited to be using her gifts in exciting new ways as this community continues to be the hands, feet, and voice of Jesus in the world.

Dee Ann is married to John and has two adult children, Mason and Avery. She's a Montana native and John grew up in North Dakota. They love to camp and ride their bikes together.



RTLC Packing List

Clothing:

- Layers of T-shirts, sweaters and sweatshirts
- Pants
- Undergarments
- Two pairs of shoes
- Warm socks (several pairs in case some get wet)
- Hat and gloves
- Rain gear
- Warm pajamas
- Windproof jacket
- Snow jacket*
- Snow boots*

*weather permitting



Toiletries:

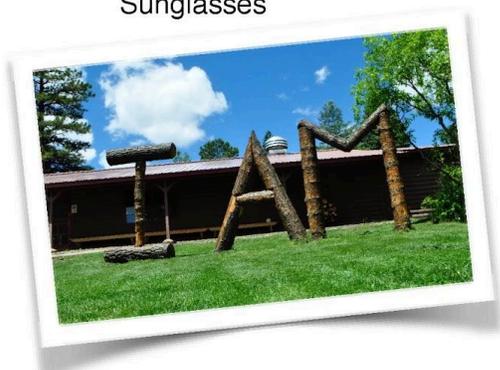
- Towel and washcloth
- Soap and shampoo
- Toothbrush/toothpaste
- Lip balm or chapstick
- Sunscreen
- Other personal items as needed

Bedding:

- Sleeping bag and pillow

Other Items:

- Bible
- Camera
- Water bottle
- Flashlight
- Alarm clock (battery powered)
- Sunglasses



FREQUENTLY ASKED QUESTIONS

Should I bring my own bedding?

Yes! Most retreat participants bring a sleeping bag and pillow. However, a pillow, sheets, and a blanket will work as well.

How do I sign up for activities?

Activity sign-ups will be out during the weekend along with the time and location to meet. All activities are covered in your retreat fee!

Will I be sharing a room?

Room requests are collected during registration or email, and all housing will be completed based on those requests. If you have any concerns or questions regarding room assignments, please let Delta know ASAP.

DIRECTIONS TO CAMP

From Denver

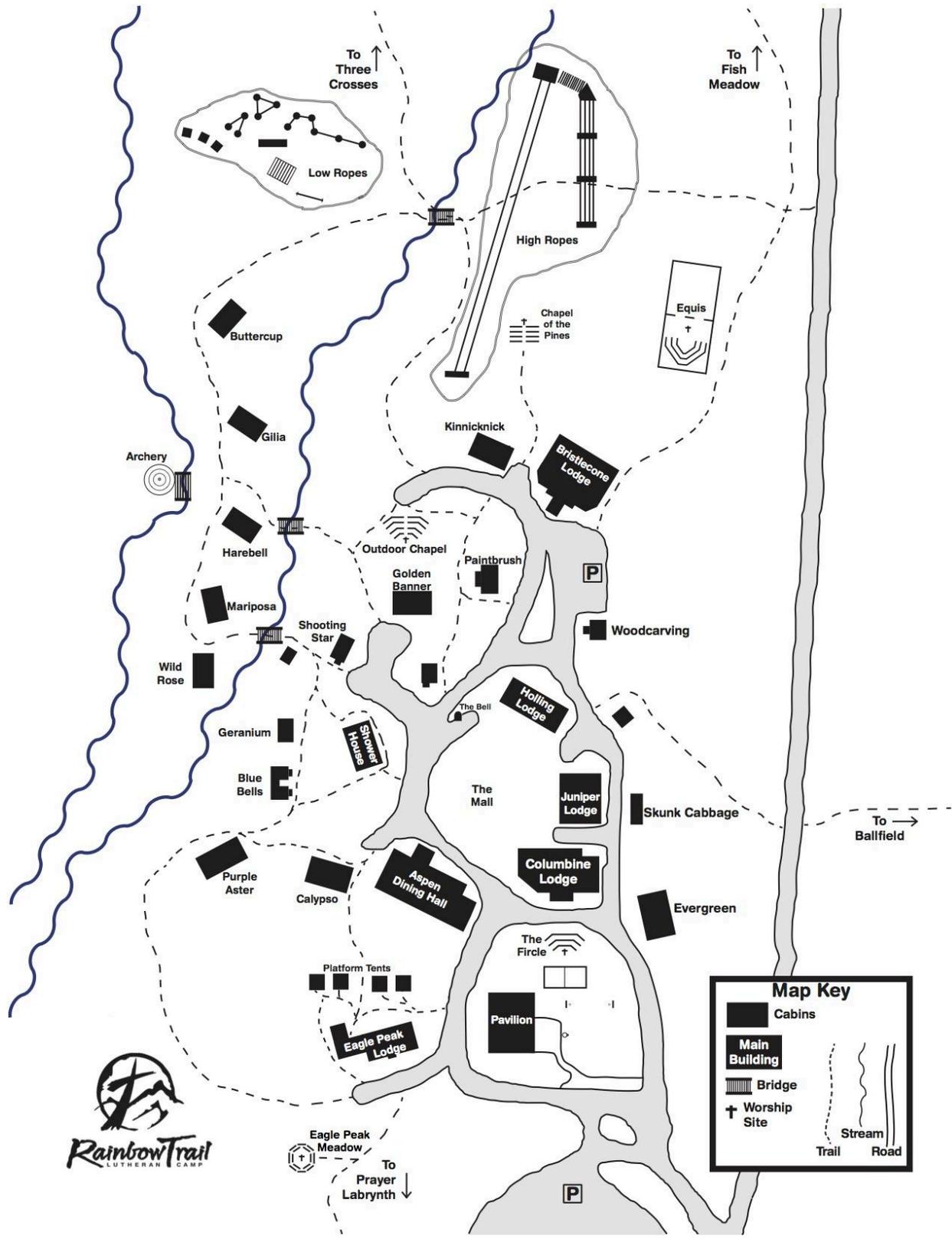
Take I-25 south to Colorado Springs and Exit 140. Continue straight off the exit, following signs for Nevada Avenue. Turn right on Highway 115/Nevada Ave. towards Canon City. Continue approximately 34 miles south on Highway 115 to Penrose. Exit onto Highway 50 and go 11 miles west to Canon City. Stay on Highway 50 for another 26 miles to Texas Creek. Turn onto Highway 69 and go 11 miles south to Hillside. Follow the blue Rainbow Trail Lutheran Camp sign, turning right onto gravel road just after Hillside (County Road 198/Billy Humble Road).

From Albuquerque

Take I-25 north to Walsenburg and take exit 52 onto Highway 69. Go approximately 60 miles north on Highway 69 to Westcliffe. Continue north 16 miles on Highway 69 to Hillside. Follow the blue Rainbow Trail Lutheran Camp sign, turning left onto the gravel road just before Hillside (County Road 198/Billy Humble Road).

From Billy Humble Road

- The camp is 4 miles up this dirt road.
- Follow the signs for Rainbow Trail Lutheran Camp (not Rainbow Trail!) until you see the large Forest Service Rainbow Trail Lutheran Camp sign.
- Keep left at this sign
- Keep to the right until you come to the first lodge. This is Columbine where you'll register, find out where you're staying, and meet some fine Rainbow Trail staff.



Map Key

-  Cabins
-  Main Building
-  Bridge
-  Worship Site
-  Trail
-  Stream
-  Road

CONTACT INFORMATION

Rainbow Trail Lutheran Camp office: (719) 942-4220

Delta Regennitter (RTLCL Retreat Director): (830) 998-1125

Email: delta@rainbowtrail.org

Dee Ann Lord (Keynote Speaker): (303) 358-7997

Email: deeann@faithgolden.org

Your Team!

Keynote speaker:



Dee Ann



Delta



Cam



Chris



Abby